

Young parents in Dundee discover their city and more

The Family Support Project Dundee supports 16 – 21 year old single parents and their children. The group currently supports 18 families and has just appointed a qualified Project Leader.

The young parents come to the group as it is non-judgemental and has no statutory obligations. Parents and children are encouraged to interact with each other by participating in activities and special sessions like 'Little Gym Time' and 'Baby Rhyme Time'. Parents also have a chance to improve their academic and cooking skills, with qualified crèche workers looking after children while parents are learning.

Some of the young parents within the group had not been outside the city boundaries. They expressed interest in wanting to take their children to things such as swimming pools, parks and playgrounds, but had no way of getting there safely. The Scottish Community Foundation provided a grant of £340.00 which enabled them to buy sufficient car seats to allow workers to organise bus trips to different locations otherwise out of reach of the parents.

"The parents and project workers greatly appreciate the support of the Women's Fund for Scotland and as one parent put it; "It's really great that money is given to help us sort ourselves out."

Rhona Armitage, Project Liaison Elder

